



WOMEN'S HEALTH

Advancing Preventive Care

Empowering Women through Wellness



Labcorp Women's Health

Managing patients in today's ever-changing world has many challenges. Helping your patients to understand their health and maintain wellness shouldn't be one of them.

That's why we're here. Because empowering your patients to understand the value of preventive care and the benefit of wellness testing is as important to us as it is to you.

Labcorp is all about women's health and empowering women through wellness. For more than 50 years, Labcorp has been a leading global life sciences company that is deeply integrated in women's health and helping women to achieve and maintain wellness.

Labcorp offers tools to assist you with your telemedicine strategies. The Telemedicine Toolkit provides online access to virtual healthcare resources for you and your patients – videos, scheduling, literature, and more – in an effective, safe, and virtually-supported manner. Visit www.Labcorp.com/telemedicine-toolkit.



We are your source for advancing health.

Labcorp offers a wide range of tools and services that help streamline your workflow, saving time and energy, so you can focus on your patients.

Patient Education Program

- **Patient literature** – Resources available to help educate patients on various women’s health topics
- **Genetic education videos** – Pre- and post-test videos that explain genetic testing options and help patients to understand their results
- **Patient counseling reports** – Assist when discussing patients' results and treatment options
- **BRCAssure Reports** – Guide to understanding results following hereditary cancer testing

Services of convenience and simplicity

- **Nearly 2,000 patient service centers** – For convenient access to a wide range of specimen collection sites including inside select Walgreens locations.
- **Cost Estimator**– Customized estimates enabled across the Labcorp Patient Service Center network and Labcorp in-office phlebotomists. In addition, for select genetic testing, patients can obtain cost estimates online.
- **Genetic counseling** – Broad range of services that educate patients on genetic risks, testing options, and the implications of test results, helping patients make informed and thoughtful genetic health care decisions. Services are available for preconception, prenatal, infertility, and hereditary cancer.
- **Extensive in-network status** – We are in network with most major health plans (including many with a preferred status) including Aetna, Anthem, Cigna, Humana, UnitedHealthcare, and most Blue Cross plans, helping your patients save on out-of-pocket costs.

Connectivity to suit the needs of your practice and patients

- **Electronic Medical Records connectivity** – Interfaces with more than 600 EMR providers to help your practice with test ordering and results delivery.
- **Labcorp Link™ e-Services** – An online gateway to order, view, share, manage and analyze lab results – anytime, anywhere, allowing you to spend less time on administrative tasks and more on patient care.
- **Labcorp Patient Portal, Labcorp Patient™ Mobile App and Express Check-in** – Allow patients to easily access lab results, schedule phlebotomy appointments, and check-in online.

Support for your Value-based Care initiatives

- **We can help you meet quality and cost metrics required by health plans.**

Wellness at Every Age

Based on current guidelines

AGE: 13-18



Periodic Screening

- **Chlamydia and gonorrhea^{1,5}:**
Annual screening age 13-24 annually
- **Human immunodeficiency virus (HIV)^{1,5}:**
Age 15-18: Test at least once retest annually if increased risk
- **Hepatitis B screening¹:** If pregnant
- **Lipid screening¹:** Age 18-21 once during interval
- **Syphilis testing^{1,7}:** If pregnant

Screening if at Increased Risk

- Diabetes testing: with previous gestational diabetes, every 3 years for at least 10 years after pregnancy¹
- Hepatitis B screening¹
- Syphilis testing^{1,7}
- Tuberculosis testing¹

AGE: 19-35



Periodic Screening

- **Cervical cytology^{1,3}:**
Age 21-29: Screen every 3 years cytology alone
Age 30 to 65: Screen every 3 years with cytology alone, every 5 years with high-risk HPV testing alone, or co-testing every 5 years
- **Chlamydia and Gonorrhea^{1,5}:**
Age 24 years and younger: Annual screening sexually active^{1,5}
Age 25 and older: Annual screening if at increased risk
- **Genetic testing/counseling:** SMA, CF and screening for thalassemias and hemoglobinopathies should be offered in women considering pregnancy and who are pregnant⁴
- **Human immunodeficiency virus (HIV)^{1,5}:**
Age 13-65: Test at least once during lifetime; at least once a year if at increased risk
- **Hepatitis C screening:** One-time screening for asymptomatic adults ages 18-79 (repeat screening for high risk)¹
- **Hepatitis B screening¹:** If pregnant
- **Lipid screening¹:** Age 18-21 once during interval
- **Syphilis testing^{1,7}:** If pregnant

Screening if at Increased Risk

- Diabetes testing: with previous gestational diabetes, every 3 years for at least 10 years after pregnancy¹
- Periodic assessment and genetic counseling/genetic testing for women with a personal or family history of breast, ovarian, tubal, or peritoneal cancer or who have relative(s) with a cancer susceptibility gene mutation¹
- Syphilis testing^{1,7}
- Thyroid Stimulating hormone in symptomatic women⁶
- Tuberculosis testing¹
- Hepatitis B screening¹

Current published medical guidelines for annual wellness exams provide screening and testing recommendations based on age and risk factors, and serve as a framework of care for women. The recommendations can act as a guide for health care providers, but can be adapted as necessary to meet the needs of your patients.

AGE: 40-64



AGE: 65+

ACOG recommends routine screening to stop at age 75



Periodic Screening

- **Colorectal cancer screening beginning at age 50¹**
African American women and those with a family history of colorectal cancer may consider screening at an earlier age
- **Cervical cytology^{1,3}:** Age 30-65: Screen every 3 years with cytology alone, every 5 years with high-risk HPV testing alone, or co-testing every 5 years
- **Lipid screening:** every 5 years¹
- **Diabetes testing:** If overweight or obese every 3 years¹
- **Genetic testing/counseling:** SMA, CF and screening for thalassemias and hemoglobinopathies should be offered in women considering pregnancy and who are pregnant⁴
- **Hepatitis C screening:** at least once for ages 18-79 (repeat screening for high risk)¹
- **Human immunodeficiency virus (HIV)^{1,5}:** Age 13-65: Test at least once during lifetime; at least once a year if at increased risk
- **Chlamydia and Gonorrhea^{1,5}:** Annual screening if at increased risk
- **Hepatitis B screening¹:** If pregnant
- **Syphilis testing^{1,7}:** If pregnant

Screening if at Increased Risk

- Diabetes testing: with previous gestational diabetes, every 3 years for at least 10 years after pregnancy¹
- Periodic assessment and genetic counseling/genetic testing for women with a personal or family history of breast, ovarian, tubal, or peritoneal cancer or who have relative(s) with a cancer susceptibility gene mutation¹
- Syphilis testing^{1,7}
- Thyroid Stimulating Hormone in symptomatic women⁶
- Tuberculosis testing¹
- Hepatitis B screening¹

Periodic Screening

- **Colorectal cancer screening up to age 75 and then 76-85:** based on patient's overall health^{1,2,3}
- **Cervical cytology^{1,3}:**
Age 30-65: Screen every 3 years with cytology alone, every 5 years with high-risk HPV testing alone, or co-testing every 5 years
Age 66 and older - Discontinue in women with evidence of adequate prior screening³
- **Lipid screening:** once every 5 years up to 75 years of age¹
- **Diabetes testing:** if overweight or obese every 3 years¹
- **Hepatitis C screening:** at least once for ages 18-79 (repeat screening for high risk)¹
- **Chlamydia and Gonorrhea^{1,5}:** Annual screening if at increased risk

Screening if at Increased Risk

- Periodic assessment and genetic counseling/genetic testing for women with a personal or family history of breast, ovarian, tubal, or peritoneal cancer or who have relative(s) with a cancer susceptibility gene mutation¹
- Human immunodeficiency virus (HIV)^{1,2,5}
- Syphilis testing^{1,7}
- Thyroid Stimulating Hormone in symptomatic women⁶
- Tuberculosis testing¹
- Hepatitis B screening¹

Common Wellness Tests for Women

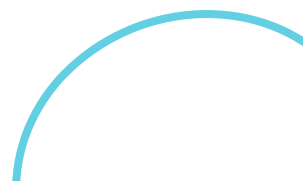
Test Name	Test No.
General Wellness	
Metabolic Panel (14), Comprehensive	322000
Metabolic Panel (8), Basic	322758
Complete Blood Count (CBC) With Differential	005009
Urinalysis, complete with Microscopic Examination with Reflex to Urine Culture, Routine	377036
Urine Culture, Routine	008847
Cervical Cytology (ThinPrep® Only)	
Gynecologic Pap Test–Age-based Guideline for Cervical Cancer (Aptima®) and STDs	193060
Gynecologic Pap Test–Age-based Guideline for Cervical Cancer (Aptima®)	193065
Gynecologic Pap Test–Age-based Guideline for Cervical Cancer (Aptima®) Plus Chlamydia/Gonococcus	193070
Gynecologic Pap Test–Age-based Guideline for Cervical Cancer (Aptima®) Plus Chlamydia/Gonococcus/Trichomonas	193075
Gynecologic Pap Test (Image-guided), Liquid-based Preparation and Human Papillomavirus (HPV) (Aptima®) With Reflex to HPV Genotypes 16 and 18, 45	199305
Gynecologic Pap Test (Image-guided), Liquid-based Preparation With Reflex to Human Papillomavirus (HPV) (Aptima®) When ASC-U	199300
Cardiovascular	
Lipid Panel	303756
Lipid Panel With LDL: HDL Ratio	235010
Lipid Panel With Total Cholesterol: HDL Ratio	221010
Cancer	
Occult Blood, Fecal, Immunoassay	182949
BRCAssure®: <i>BRCA1</i> and <i>BRCA2</i> Comprehensive Analysis	485030
VistaSeq Hereditary Cancer Panel	481220
VistaSeq® High / Moderate Risk Breast Cancer Panel	481452
VistaSeq® GYN Cancer Panel	481330
VistaSeq® Breast Cancer Panel	481319
VistaSeq® Breast and GYN Cancer Panel	481341



Labcorp offers a comprehensive test menu that supports the continuum of care for women and wellness.

Test Name	Test No.
Diabetes with/without hypertension	
Hemoglobin (Hb) A1c	001453
Hemoglobin (Hb) A1c With eAG	102525
Kidney Profile (Urine Albumen/creatinine ratio + eGFR)	140301
Kidney Profile Plus Metabolic Panel (8), Basic	140302
Kidney Profile Plus Metabolic Panel (14), Comprehensive	140303
Cardiorenal-Glycemia Status Profile (fasting not required)	245292
Infectious Disease	
Hepatitis B Surface Antigen (HBsAg) Screen, Qualitative	006510
Hepatitis Panel, Acute	322744
Hepatitis B Surface Antibody, Qualitative	006395
Hepatitis C Virus (HCV) Antibody With Reflex to Quantitative Real-time PCR	144050
HIV Antigen / Antibody Combo With Reflex to Confirmation	083935
QuantiFERON®-TB Gold Plus	182879
Pre-pregnancy	
Inheritest® Core Panel	451964
Inheritest® Carrier Screen, Society-guided Panel (14 Genes)	451960
Inheritest® Carrier Screen, Comprehensive Panel (144 Genes)	451950
Inheritest® 500 PLUS Panel	630049
STI Profiles	
Chlamydia / Gonococcus, NAA	183194
Treponema pallidum (Syphilis) Screening Cascade	082345
Chlamydia / Gonococcus / Mycoplasma genitalium, NAA, Swab	180082
Chlamydia / Gonococcus / Mycoplasma genitalium, NAA, Urine	180049
Thyroid	
Thyroid-stimulating Hormone (TSH)	004259
Thyroid-stimulating Hormone (TSH) and Free T4	224576

Visit [Labcorp.com](https://www.labcorp.com) for more information on the tests listed above and to see our complete test menu.





Women's Health Wellness

Empowering Women through Wellness

- Women's Health
- Carrier Screening
- Hereditary Cancer
- Genetic Counseling
- Ovarian Reserve Testing
- FDA Donor Testing
- Thrombophilia
- Prenatal Screening
- Diagnostic Testing

We are all about Women's Health

Wherever women are in their lives, whatever their health and personal situation, wherever they go for their testing, and whoever they see, we aspire to be the laboratory that supports their needs.

Whether supporting pregnancy, offering insight to help understand issues related to infertility, or helping women live healthier lives, Labcorp Women's Health provides an industry-leading portfolio of tests, combined with the excellent support, services, and ease-of-use on which health care providers, patients, and health plans rely.

References

1. 2021 Recommendations for Well-Woman Care Clinical Summary Tables. Women's Preventive Services Initiative. Available at <https://www.womenspreventivehealth.org/wellwomanchart/>. Accessed December 3, 2020.
2. 2021 Recommendations for Well-Woman Care – A Well-Woman Chart. Women's Preventive Services Initiative. Available at <https://www.womenspreventivehealth.org/wellwomanchart/>. Accessed December 3, 2020.
3. Cervical Cancer Screening (Update). The American College of Obstetricians and Gynecologists. <https://www.acog.org/clinical/clinical-guidance/practice-advisory/articles/2018/08/cervical-cancer-screening-update>. Accessed December 11, 2020.
4. Carrier screening in the age of genomic medicine. Committee Opinion No. 690. American College of Obstetricians and Gynecologists. *Obstet Gynecol* 2017;129:e35–40.
5. Sexually Transmitted Diseases (STDs). Centers for Disease Control and Prevention. Available at <https://www.cdc.gov/std/prevention/screeningreccs.htm>. Accessed December 14, 2020.
6. US Preventative Services Task Force. Screening for thyroid dysfunction: Recommendation statement. *Am Fam Physician*. 2015;91(11):790A-F.
7. Centers for Disease Control and Prevention. Syphilis – CDC Fact Sheet (Detailed). Atlanta, GA: Centers for Disease Control and Prevention, US Dept of Health and Human Services; 2017. <https://www.cdc.gov/std/syphilis/stdfact-syphilis-detailed.htm>; last updated: February 13, 2017. Accessed July 31, 2020.

For more information, please contact your Labcorp representative or visit **Labcorp.com**

